

TITANS INVITATIONAL 2018 - TRAMPOLINE - DMT - TUMBLING

SUNDAY JANUARY 14 2018

Rod Floor

TUM L1 12U W	5	TUM L2 W	4
TUM L1 13+ W	12	TUM L3 W	2
TUM L1 13+ M	1		
Stretch	8:40 - 9:00	TUM L1 13+ W, TUM L1 13+ M	13
Specific Warm-Up	9:00-9:15	TUM L1 13+ W, TUM L1 13+ M	13
Competition	9:15-9:45	TUM L1 13+ W, TUM L1 13+ M	11
Specific Warm-Up	9:45-10:00	TUM L1 12U W, TUM L2 2, TUM L3 W	11
Competition	10:00-10:25	TUM L1 12U W, TUM L2 2, TUM L3 W	11
Awards	10:30-11:00		

Trampoline

TRI L1 12U M	7		
TRI L1 13+ M	9		
Stretch	8:40 - 9:00	TRI L1 12U M, TRI L1 13+ M	16
Specific Warm-Up	9:00-9:20	TRI L1 12U M, TRI L1 13+ M	16
Competition	9:20-10:05	TRI L1 12U M, TRI L1 13+ M	16
Awards	10:30-11:00		

DMT

L1 12U M	8	L1 13+ W	19
L1 13+ M	7		
L1 12U W	16		
Stretch	10:40-11:00	L1 13+ W	19
Specific Warm-Up	11:00-11:15	L1 13+ W	19
Competition	11:15-11:45	L1 13+ W	19
Stretch	11:25-11:45	L1 12U M, L1 13+ M	15
Specific Warm-Up	11:45-12:00	L1 12U M, L1 13+ M	15
Competition	12:00-12:30	L1 12U M, L1 13+ M	15
Stretch	12:10-12:30	L1 12U W	16
Specific Warm-Up	12:30-12:45	L1 12U W	16
Competition	12:45-1:15	L1 12U W	16
Awards	1:15-1:45		

Trampoline

L1 12U W	10		
L1 13+ W	20		
Stretch	10:40-11:00	L1 12U W	10
Specific Warm-Up	11:00-11:15	L1 12U W	10
Competition	11:15-11:45	L1 12U W	10
Stretch	11:35-11:55	L1 13+ W	20
Specific Warm-Up	11:55-12:20	L1 13+ W	20
Competition	12:20-1:15	L1 13+ W	20
Awards	1:15-1:45		

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DMT

L2 M	1 L3 W	6 L6 M 18+	1
L2 W	8 L4 M	2	
L3 M	1 L4 W	4	
Stretch	1:25-1:45	L2 M, L2 W, L3 M, L3 W	16
Specific Warm-Up	1:45-2:05	L2 M, L2 W, L3 M, L3 W	16
Competition	2:05-2:40	L2 M, L2 W, L3 M, L3 W	16
Stretch	2:20-2:40	L4 M, L4 W, L6 M 18+	7
Specific Warm-Up	2:30-2:50	L4 M, L4 W, L6 M 18+	7
Competition	2:50-3:15	L4 M, L4 W, L6 M 18+	7

Awards	5:10-5:30		
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Trampoline

L2 M	1 L3 W	7 L5 M 17+	1
L2 W	11 L4 M	2 L5 W 17+	1
L3 M	1 L4 W	3 L6 M 18+, Junior	2

Stretch	2:45-3:05	L2 M, L2 W	12
Specific Warm-Up	3:05-3:20	L2 M, L2 W	12
Competition	3:20-3:55	L2 M, L2 W	12
Stretch	3:35-3:55	L3 M, L3W	8
Specific Warm-Up	3:55-4:05	L3 M, L3W	8
Competition	4:05-4:25	L3 M, L3W	8
Stretch	4:05-4:25	L4 M, L4 W, L5 M 17+, L5 W 17+, L6 M 18+, Junior	7
Specific Warm-Up	4:25-4:40	L4 M, L4 W, L5 M 17+, L5 W 17+, L6 M 18+, Junior	7
Competition	4:40-5:10	L4 M, L4 W, L5 M 17+, L5 W 17+, L6 M 18+, Junior	7
Awards	5:10-5:30		